

## Noncommunicable Disease (NCD) Statistics

## Prevalence of Diabetes and Impaired Fasting Glucose, 2019

According to the Korea Health Statistics 2019, the prevalence of diabetes in Korea was 14.7% for men and 10.9% for women. And the prevalence of Impaired Fasting Glucose was 33.5%, for men and 23.7% for women. By age, from 40s to 50s, the prevalence of Diabetes was twice higher in men than in women and the prevalence of Impaired Fasting Glucose was 1.7 times higher in men than in women aged 30s to 40s (Figure 1).

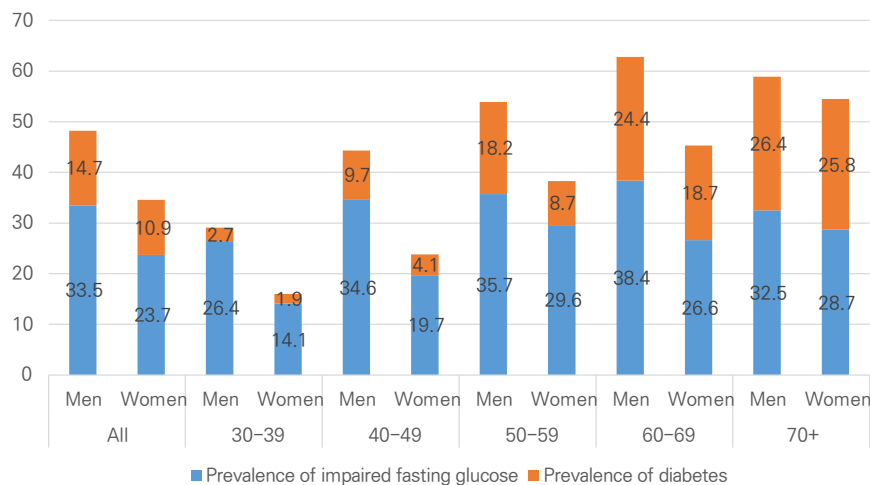


Figure 1. Prevalence of diabetes and impaired fasting glucose, 2019

\* Prevalence of diabetes: people who satisfies at least one of the following conditions, fasting glucose equal to or more than 126 mg/dL, diagnosed to have diabetes by a doctor, or on hypoglycemic medication or insulin injection, among those aged 30 years and over

† Prevalence of impaired fasting glucose: people who are not diabetic, but have a glucose level ranging 100–125 mg/dL, among those aged 30 years and over

Source: Korea Health Statistics 2019, Korea National Health and Nutrition Examination Survey, <http://knhanes.cdc.go.kr/>

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