

Abstract

COVID-19 and the Management of Hypertension

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The Coronavirus Disease-19 (COVID-19) pandemic has lasted longer than expected. As the delta variant is driving new COVID-19 case, Korea is now experiencing a fourth wave of the COVID-19 pandemic. Many patients with hypertension have difficulty controlling blood pressure due to limitations in physical activity and barriers to health care facilities. This study aimed to discuss the self-management of hypertension at home amid the COVID-19 pandemic.

Keywords: Coronavirus Disease-19 (COVID-19), Hypertension, Home blood pressure monitoring
