

Noncommunicable Disease (NCD) Statistics

Trends in awareness, treatment, and control of hypercholesterolemia among Korean adults aged 30 years and over, 2007–2019

Awareness, treatment and control of hypercholesterolemia continuously improved since 2007–2009. In 2019, the percentage of awareness and treatment was 61.7% and 53.1% respectively. Percentage of controlled hypercholesterolemia for those who are on treatment was 1.8 times higher (82.8%) than the percentage of controlled hypercholesterolemia for all those who have hypercholesterolemia (44.8%) (Figure 1).

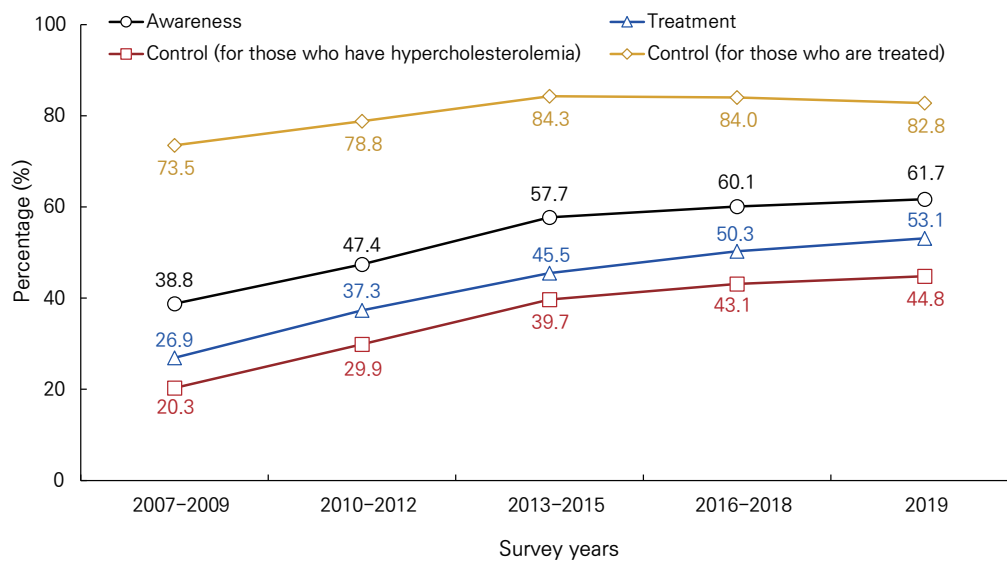


Figure 1. Trends in awareness, treatment, and control of hypercholesterolemia (aged ≥ 30 years), 2007–2019

* Hypercholesterolemia awareness rate: The percentage of those diagnosed with hypercholesterolemia by a doctor, amongst all those who have hypercholesterolemia (aged ≥ 30 years)

† Treated hypercholesterolemia rate: The percentage of those who take cholesterol-lowering medication for more than 20 days a month, amongst all those who have hypercholesterolemia (aged ≥ 30 years)

‡ Controlled hypercholesterolemia rate (for those who have hypercholesterolemia): The percentage of people whose total cholesterol is less than 200 mg/dL, amongst all those who have hypercholesterolemia (aged ≥ 30 years)

§ Controlled hypercholesterolemia rate (for those who are treated): The percentage of people whose total cholesterol is less than 200 mg/dL, amongst those who are on treatment for hypercholesterolemia (aged ≥ 30 years)

Source: Korea Health Statistics 2019, Korea National Health and Nutrition Examination Survey, <http://knhanes.kdca.go.kr/>

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